

UPDATED
FOR 2019

Cengage NURSING

RESOURCES
TO TAKE CARE
OF THEORY
AND PRACTICE

 CENGAGE

NURSING

Australian and New Zealand
teaching & learning resources

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Digital solutions are available for your course! Look for the icon/s accompanying the cover image of your selected titles.



The personalised eLearning solution

MindTap is a flexible and easy-to-use platform that helps build student confidence and gives you a clear picture of their progress. We partner with you to ease the transition to digital – we're with you every step of the way.



CourseMate Express includes interactive teaching and learning tools such as quizzes, flashcards, web links and videos, to bring course concepts to life.

CourseMate versions include a fully integrated eBook.



Got it! Dosage Calculations, is an online revision platform that enables students to practice and check their understanding of the key concepts.

Ranging from basic arithmetic to more complex calculations of medications, this digital study tool is fun and easy to use.



Keep your teaching current with the latest research perfectly matched to your textbook

With content updated daily from peer-reviewed journals, newspapers and eBooks, *Search Me!* is an online research library customised to your subject, that puts the information your students need at their fingertips.

Effectively introducing digital solutions into your classroom is now easier than ever. When you choose a Cengage digital solution, a dedicated Digital Success Team will provide you with hands-on, end-to-end support, making digital course delivery a success for you and your students.

cengage.com.au/learning-solutions

Fundamentals of Nursing: Australia & New Zealand edition – Revised, 1e

DeLaune / Ladner / McTier / Tollefson / Lawrence

ISBN: 9780170400220

1160 pp | Paperback | eBook © 2017



TABLE OF CONTENTS

UNIT 1: NURSING PERSPECTIVES:

PAST, PRESENT AND FUTURE

1. Evolution of nursing theory and education
2. Research and evidence-based practice
3. Health care delivery

UNIT 2: NURSING PROCESS: THE STANDARD OF CARE

4. Critical thinking, decision making and nursing process
5. Assessment
6. Nursing diagnosis
7. Planning and outcome identification
8. Implementation
9. Evaluation

UNIT 3: PROFESSIONAL ACCOUNTABILITY

10. Leadership and delegation
11. Legal and ethical responsibilities
12. Documentation and informatics

UNIT 4: PROMOTING CLIENT HEALTH

13. Nursing, healing, and caring
14. Communication
15. Health and wellness promotion
16. Family and community health
17. The life cycle
18. Paediatric clients
19. The older adult
20. Palliative care
21. Cultural diversity
22. Aboriginal and Torres Strait Islander health
23. Rural and remote health
24. Client education

UNIT 5: RESPONDING TO BASIC PSYCHOSOCIAL NEEDS

25. Self-concept
26. Stress, anxiety, adaptation and change
27. Spirituality
28. Loss and grief
29. Mental health

UNIT 6: RESPONDING TO BASIC PHYSIOLOGICAL NEEDS

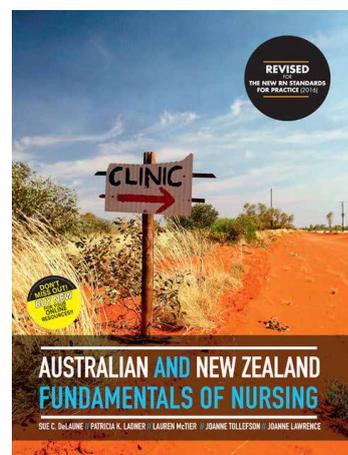
30. Vital signs
31. Physical assessment
32. Safety, infection control and hygiene
33. Medication administration
34. Complementary and alternative modalities
35. Oxygenation
36. Fluids and electrolytes
37. Nutrition
38. Comfort and sleep
39. Mobility
40. Skin integrity and wound healing
41. Sensation, perception and cognition
42. Elimination
43. Nursing care of the perioperative client

The nursing book to carry into the future!

Provides comprehensive coverage of fundamental nursing concepts, skills and standards of practice that will challenge introductory nursing students to learn and apply critical thinking skills for culturally diverse populations in a variety of environments.

KEY FEATURES OF THIS TEXT

- This edition of DeLaune has incorporated the changes for the Nursing and Midwifery Board of Australia's RN standards for practice (2016) necessary to reflect the progression in thinking of the profession.
- Includes four NEW chapters relevant to this region covering Palliative care (Chapter 20), Aboriginal and Torres Strait Islander Health (Chapter 22), Rural and remote health (Chapter 23) and Mental health (Chapter 29)
- 'Safety First' boxes throughout the text help students to identify the red flags of client health and safety issues and the appropriate response to critical situations
- 'Respecting our Differences' boxes contain questions that challenge the student to consider approaches to respectful care for clients who may differ from themselves in a variety of areas, including culture, gender, age, and developmental levels
- 'Evidence-Based Practice' boxes throughout the text emphasise the importance of evidence and clinical research in nursing by linking theory to practice



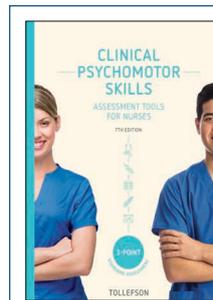
Available with CourseMateExpress

FOR THE STUDENT

- *CourseMate* online learning package including the full eBook, Clinical Skills videos, heart and lung audio resources, animations, revision quizzes and more!

FOR THE INSTRUCTOR

- Instructor's Manual, including learning objectives, chapter outlines, key points, teaching tips, solutions and more
- Customisable, chapter-by-chapter PowerPoint presentations
- Digital files of graphs, tables, pictures and flow charts from the text
- ExamView Test Bank



Clinical Skills list and CPS icons throughout the text link directly to the relevant clinical psychomotor skills covered in Tollefson.

Clinical Psychomotor Skills (5-Point Bondy): Assessment Tools for Nurses, 7e

Tollefson / Hillman

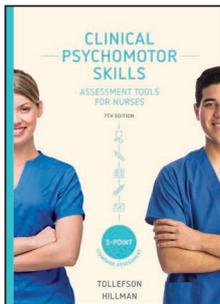
ISBN: 9780170410793

480 pp | Spiralbound | eBook ©2019



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- Part 1:** Introduction
- Part 2:** Aseptic non-touch technique
- Part 3:** Assessment
- Part 4:** Professional communication
- Part 5:** Assisting with fluid and nutritional status
- Part 6:** Assisting with elimination
- Part 7:** Medication administration
- Part 8:** Pain management
- Part 9:** Perioperative care
- Part 10:** Assisting with personal hygiene and skin integrity
- Part 11:** Respiratory skills
- Part 12:** Transfusion and blood products
- Part 13:** Wound management
- Part 14:** Advanced skills [online]
- Appendix: NMBA Registered Nurse Standards for Practice 2016**



ALSO AVAILABLE IN 3-POINT
RATING SCALE

**Clinical Psychomotor Skills
(3-Point): Assessment Tools
for Nurses, 7e**

Tollefson | Hillman
ISBN: 9780170410786
©2019

**SEE PAGE 11 FOR THE COMPLETE
LIST OF CLINICAL SKILLS VIDEOS TO
COMPLEMENT THE TEXT**

The most-trusted nursing clinical skills text on the market! *Clinical Psychomotor Skills* offers a unique blend of solid theoretical knowledge and practice-based clinical skills. This edition includes five additional skills, the latest evidence-based material from nursing and associated literature, and reflects The Nursing and Midwifery Board of Australia's Registered Nurse Standards for Practice, making this the essential guide for all students enrolled in registered nursing programs.

KEY FEATURES OF THIS TEXT

- **NEW** – five additional skills have been added in response to reviewer feedback, making this the most extensive clinical skills resource available:
 - Medication administration – topical
 - Medication administration - vaginal (PV)
 - Medication administration - rectal (PR)
 - Continuous Abdominal Peritoneal Dialysis (CAPD)
 - Bladder irrigation
- **NEW** 'If ... then ...' scenarios guide students to consider different clinical situations they might encounter and how to act accordingly
- **NEW** Video icons guide students to watch clinical skills videos, available on the *CourseMate Express* online study platform included with new print versions of the text
- **NEW** Safety icons identify serious issues or life-threatening indications that students need to be aware of to take appropriate safe action
- **NEW** Refreshed, practical text design and layout for easy student navigation

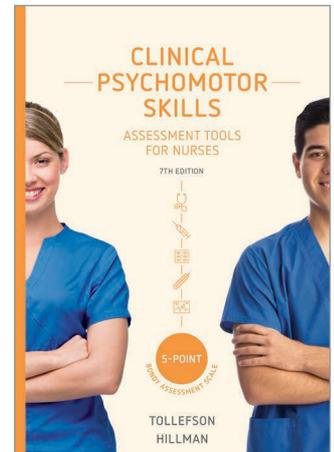
Available with  **CourseMateExpress**

FOR THE STUDENT

- *CourseMate Express* digital platform for *Clinical Psychomotor Skills* includes interactive quizzes, skills videos and additional skills online for student learning and revision

FOR THE INSTRUCTOR

- **NEW** Test Bank for instructors to support assessment
- Instructor's Manual, created by the authors, outlines some of the questions and subsequent discussion that can be generated with individuals or groups of students during lab, tutorial and clinical placement. Includes simple task-oriented questions to test student preparedness and higher-level critical thinking questions for further discussion
- *Clinical Psychomotor Skills* assessment competency charts
- Customisable PowerPoint presentations
- Digital files of graphs, tables, pictures and flow charts from the text



Pharmacology in Nursing: Australian & New Zealand edition, 2e

Broyles / Reiss / Evans / McKenzie et al.

ISBN: 9780170362030

832 pp | Paperback | eBook © 2017



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SECTION 1: INTRODUCTION TO DRUGS AND MEDICATION ADMINISTRATION

1. Medications/agents and factors affecting their action
2. Pharmacogenetics
3. Calculating medication dosages
4. Principles and methods of medication administration
5. Intravenous medication therapy
6. Medication therapy for paediatric clients
7. Medication therapy for aged-care clients
8. Prevention of medication errors
9. Legal and ethical considerations for medication administration

SECTION 2: AGENTS THAT INTERFERE WITH MICROBIAL GROWTH

10. Antimicrobial agents
11. Antiparasitic, antiviral and antifungal agents

SECTION 3: AGENTS USED TO CONTROL PAIN AND INFLAMMATION

12. Anaesthetics
13. Analgesics and antipyretics
14. Anti-inflammatory agents
15. Agents used to treat hyperuricemia and gout

SECTION 4: AGENTS AFFECTING THE NERVOUS SYSTEM

16. Autonomic nervous system agents
17. Central nervous system sedatives and hypnotics
18. Antidepressant, antipsychotic and mood stabiliser agents
19. Agents used as central nervous system stimulants
20. Agents used to treat Alzheimer's disease
21. Anti-Parkinson's agents
22. Anticonvulsants
23. Agents used in musculoskeletal disorders
24. Substance abuse

SECTION 5: AGENTS USED TO TREAT HAEMATOLOGICAL DISORDERS

25. Agents used to treat anaemias
26. Agents affecting blood clotting

SECTION 6: AGENTS USED TO TREAT CARDIOVASCULAR DISORDERS

27. Cardiac stimulants and depressants
28. Agents that dilate blood vessels
29. Antihypertensives
30. Diuretics
31. Agents used in the treatment of hyperlipidaemia

SECTION 7: AGENTS USED TO TREAT RESPIRATORY DISORDERS

32. Antihistamines and nasal decongestants
33. Antitussive agents and medications affecting respiratory secretions
34. Bronchodilators and prophylactic respiratory agents

SECTION 8: AGENTS USED TO TREAT GASTROINTESTINAL DISORDERS

35. Vitamins, minerals, and other nutritional agents
36. Agents used to treat hyperacidity and gastro-oesophageal reflux disease
37. Anti-emetics and emetics
38. Laxatives and anti-diarrhoeals

SECTION 9: AGENTS USED TO CORRECT ENDOCRINE IMBALANCE

39. Agents affecting thyroid, parathyroid, and pituitary function
40. Agents used to treat hyperglycaemia and hypoglycaemia

SECTION 10: AGENTS AFFECTING THE REPRODUCTIVE SYSTEM

41. Sex hormones
42. Agents used in obstetrical care

SECTION 11: AGENTS AFFECTING IMMUNITY

43. Agents that affect immunity
44. Agents used in the treatment of cancer

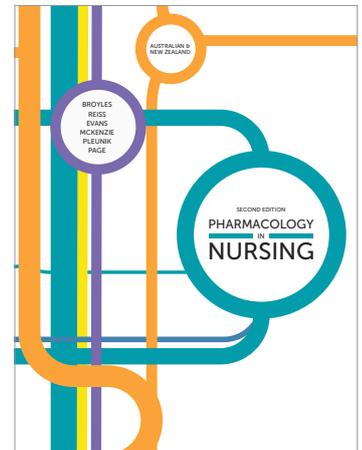
SECTION 12: AGENTS USED TO TREAT EYE, EAR, AND SKIN DISORDERS

45. Agents used in the treatment of eye disorders
46. Agents used in the treatment of ear disorders
47. Agents used in the treatment of skin disorders

SECTION 13: COMPLEMENTARY MEDICATIONS AND MEDICATION/FOOD/HERBAL INTERACTIONS

48. Common complementary medications

Real-life cases, regional statistics and examples focus on the use of drugs as medications within the healthcare environment in Australia and New Zealand. This text takes a body systems approach, focusing on the pharmacology of the medications that act on the various body systems and their disorders. An essential resource for nurses and health professionals in developing their understanding of drugs and their actions.



KEY FEATURES OF THIS TEXT

- NEW Greater coverage of local terminology, medications and nursing requirements to reflect the relevance to the Australian and New Zealand region
- NEW Three new chapters covering important topics of pharmacogenetics, legal and ethical considerations and complementary medicines
- NEW 'Ethical and Legal Considerations' boxes give students local examples, scenarios and discussions that explore these important considerations for nurses in relation to medication administration
- NEW End-of-chapter resources and appendix of solutions for more effective student revision
- Greater use of diagrams to illustrate mechanism of action of medications

Available with  CourseMateExpress

FOR THE STUDENT

- *CourseMate Express* includes interactive teaching and learning tools such as quizzes, flashcards, web links and videos, to bring course concepts to life.

FOR THE INSTRUCTOR

- Instructor's Manual
- Test Bank
- Customisable, chapter-by-chapter PowerPoint presentations
- Digital files of graphs, tables, pictures and flow charts from the text

Health Assessment and Physical Examination: Australian and New Zealand Edition, 2e

Estes / Calleja / Theobald / Harvey

ISBN: 9780170354844

896 pp | Paperback | eBook © 2016



TABLE OF CONTENTS

UNIT 1: LAYING THE FOUNDATION

1. Critical thinking and nursing process as a basis for clinical decisions
2. Patient interview
3. Complete health history including documentation
4. Physical assessment techniques
5. Cultural and spiritual assessment

UNIT 2: PHYSICAL EXAMINATION

6. Examination requirements for every patient
7. Mental status and neurological techniques
8. Skin, hair, nails
9. Head, neck, regional lymphatics
10. Eyes
11. Ears, nose, mouth and throat
12. Breast and regional nodes
13. Thorax and lungs
14. Heart and blood vessels
15. Abdomen and nutrition
16. Musculoskeletal
17. Female genitalia
18. Male genitalia
19. Anus, rectum and prostate

UNIT 3: SPECIFIC LIFESPAN POPULATIONS

20. The pregnant patient
21. The paediatric patient
22. The older adult

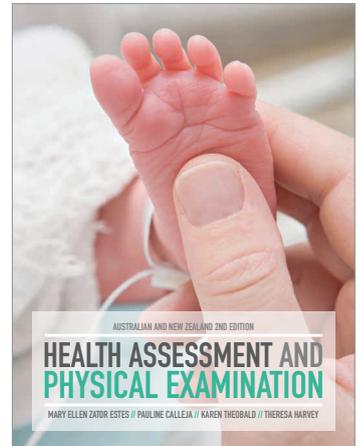
UNIT 4: PUTTING IT ALL TOGETHER

23. The complete health assessment and physical examination

This text is designed to teach students to assess a patient's physical, psychological, cultural and emotional dimensions of health as a foundation of nursing care. Emphasis on caring is displayed through themes of assessment of the whole person, which also encourages nurses to think about care for themselves as well as patients.

KEY FEATURES OF THIS TEXT

- NEW 'Putting it in Context' boxes give students a better understanding of the application of health assessment and physical examination theory in different clinical situations they may encounter in the real world
- NEW 'Go Online' margin notes guide students to useful online resources for further study and revision
- Clinical Psychomotor Skills (CPS) icons throughout the text direct students quickly and easily to relevant clinical skills information and videos in the Tollefson text
- 'Assessment in Brief' checklists throughout the text show the steps for performing each type of assessment. Tear-out cards at the back of the book can be used as pocket-sized clinical references and for easy student revision
- ENAP format – Examination, Normal findings, Abnormal findings and Pathophysiology – provides a useful and valuable collection of information for students for each examination and assessment
- Case studies are included in each of the examination chapters with Evaluation and Clinical Reasoning discussions to encourage students to apply critical thinking skills to real-life scenarios
- This text is structured around the Assessment, Plan, Implement and Evaluate (APIE) framework that fits within Australian and New Zealand government programs making it easy to follow and more relevant to students and their clinical experience



Available with  

FOR THE STUDENT

- Extended access to the online student resources including the *CourseMate Express* study guide and *Search Me! Nursing* database to allow students to continue to use this critical resource throughout their nursing studies

FOR THE INSTRUCTOR

- ExamView Test Bank
- Instructor's Manual, including learning objectives, chapter outlines, key points, teaching tips, solutions and more
- Customisable, chapter-by-chapter PowerPoint presentations
- Digital files of graphs, tables, pictures and flow charts from the text
- *Search Me! Nursing*

Research in Nursing, Midwifery and Allied Health: Evidence for Best Practice, 6e

Richardson-Tench / Nicholson / Taylor / Kermode / Roberts

ISBN: 9780170398565

384 pp | Paperback | eBook © 2018



TABLE OF CONTENTS

1. Research in nursing and health
2. Framing the research question
3. Finding and reviewing the literature
4. Critical appraisal of research
5. Developing the research proposal
6. Quantitative research methodologies
7. Quantitative data analysis
8. Qualitative research methodologies
9. Collection, management and analysis of qualitative data
10. Mixed methods
11. Interpretations of research findings
12. Disseminating research findings
13. Applying research to practice

Research in Nursing, Midwifery and Allied Health: Evidence for Best Practice provides second- and third-year students with the theory and practical examples to enable them to:

- Understand how research is done
- Critically appraise research papers
- Use evidence from research in clinical practice
- Conduct their own research

Case studies from midwifery and allied health disciplines including nutrition, physiotherapy, and paramedicine, in addition to nursing, make this sixth edition applicable for research students across these curriculums.

Underpinned by evidence-based practice, this concise text uses examples of qualitative and quantitative research methodologies throughout, and ensures that research topics are accessible to students at all levels.

KEY FEATURES OF THIS TEXT

- NEW Activities in-text, challenging review questions, diagrams and tips enhance student learning
- NEW *CourseMate Express* includes a case archive and solutions to selected in-text activities for improved student revision
- NEW Evidence-based practice boxes highlight the importance of applying research to clinical practice, and identify where and how to use research to guide clinical decision making

Available with  

FOR THE STUDENT

- *CourseMate Express* includes interactive teaching and learning tools such as quizzes, flashcards, web links and more, to bring course concepts to life
- *Search Me! Nursing*

FOR THE INSTRUCTOR

- Complete Test Bank
- Instructor's Manual, including learning objectives, chapter outlines, key points, teaching tips, solutions and more
- Customisable, chapter-by-chapter PowerPoint presentations
- *Search Me! Nursing*



Human Physiology: From Cells to Systems, 9e

Sherwood

ISBN: 9781285866932

912 pp | Hardback | eBook © 2016

TABLE OF CONTENTS

1. Introduction to physiology and homeostasis
2. Cell physiology
3. The plasma membrane and membrane potential
4. Principles of neural and hormonal communication
5. The central nervous system
6. The peripheral nervous system: Afferent division; special senses
7. The peripheral nervous system: Efferent division
8. Muscle physiology
9. Cardiac physiology
10. The blood vessels and blood pressure
11. The blood
12. Body defenses
13. The respiratory system
14. The urinary system
15. Fluid and acid–base balance
16. The digestive system
17. Energy balance and temperature regulation
18. Principles of endocrinology; the central endocrine glands
19. The peripheral endocrine glands
20. The reproductive system

Appendix: A review of chemical principles

Appendix: Text references to exercise physiology

Appendix: Answers to check your understanding, end-of-chapter objective questions, quantitative exercises, points to ponder, and clinical considerations

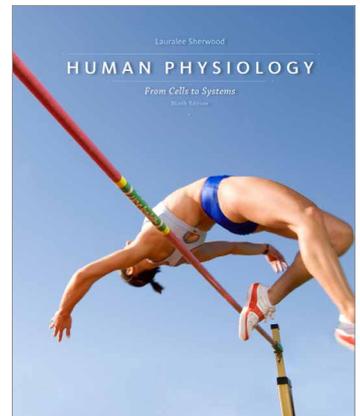
Glossary

Index

Sherwood uses clear, straightforward language, analogies, and frequent references to everyday experiences to help students learn and relate to physiology concepts. The vibrant art program and empowering digital resources enable students to visualise important concepts and processes.

KEY FEATURES OF THIS TEXT

- **NEW** Updated coverage throughout includes information based on recent discoveries. Some controversial ideas and hypotheses are presented to illustrate that physiology is a dynamic, changing discipline
- **NEW** Figure-focus questions: designed to check and promote comprehension, these questions ask students to analyse, interpret, infer, and apply the content of 120 key figures
- **NEW** Blooms-based organisation for end-of-chapter review exercises makes it easier for you to assess your students



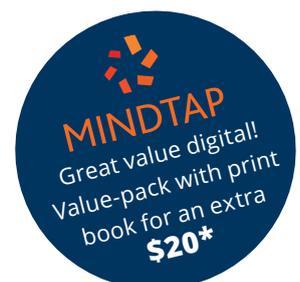
Available with  **MINDTAP**
From Cengage 

FOR THE STUDENT

- *MindTap Biology* for Sherwood's *Human Physiology* includes the complete eBook, Virtual Physiology Labs, the Aplia homework app, and assessments in a customisable learning path that guides your students through your course.

FOR THE INSTRUCTOR

- MindTap
- Aplia
- Instructor's Manual
- Test Bank
- Customisable, chapter-by-chapter PowerPoint presentations
- Digital files of graphs, tables, pictures and flow charts from the text



* Pricing is in Australian dollars and is subject to change

Understanding Nutrition, 3e

Whitney / Rolfes / Crowe / Cameron-Smith / Walsh

ISBN: 9780170366670

848 pp | Paperback | eBook © 2017



TABLE OF CONTENTS

1. An overview of nutrition
2. Planning a healthy diet
3. Digestion, absorption and transport
4. The carbohydrates: sugar, starch and fibres
5. The lipids: triglycerides, phospholipids, and sterols
6. Protein: amino acids
7. Metabolism: transformations and interactions
8. Energy balance and body composition
9. Weight management: overweight and underweight
10. The water-soluble vitamins: B vitamins and vitamin C
11. The fat-soluble vitamins: A, D, E, and K
12. Water and the major minerals
13. The trace minerals
14. Fitness: physical activity, nutrients, and body adaptations
15. Life cycle nutrition: pregnancy and lactation
16. Life cycle nutrition: infancy, childhood and adolescence
17. Life cycle nutrition: adulthood and the later years
18. Diet and health
19. Consumer concerns about foods and water

Appendix A: Cells, hormones, and nerves

Appendix B: Basic chemistry concepts

Appendix C: Biochemical structures and pathways

Appendix D: Measures of protein quality

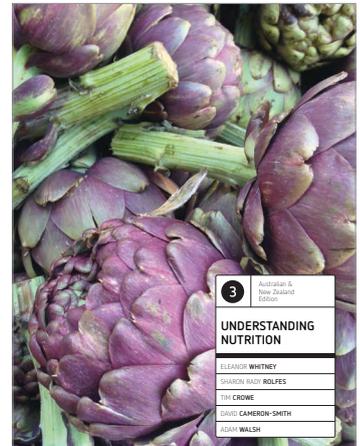
Appendix E: Nutrition assessment

Appendix F: Physical activity and energy requirements

A practical and engaging introduction to the core principles of nutrition. This text equips students with the knowledge and skills required to optimise health and wellbeing. With its focus on Australia and New Zealand, you can teach with current nutrition guidelines, recommendations and public health nutrition issues relevant to this region of the world.

KEY FEATURES OF THIS TEXT

- NEW Common Sense Test feature for students to think about their own knowledge as it applies to real-world situations and check their understanding
- Critical thinking questions in the NEW end-of-chapter 'Highlights', including nutritional genomics, and nutrition information and misinformation – on the net and in the news
- NEW Updated with the new Food Standards Australia and New Zealand (FSANZ) food-health claims legislation
- NEW Increased emphasis throughout the text of New Zealand nutrition issues and legislation where they differ from the Australian setting
- NEW Substantially revised to reflect the latest in nutrition research and the many changes that have occurred in the field of nutrition



Available with  MINDTAP From Cengage  Search Me!  CourseMateExpress

FOR THE STUDENT

MindTap Nutrition for Whitney/Crowe's *Understanding Nutrition* includes the complete eBook and *Search Me!* customised online research library.

Case quizzes, nutrition calculations, critical thinking forum activity and the nutrition portfolio help students to gain a deeper understanding of nutrition.

Students use the Diet and Wellness Plus app to track their own diet and activity, generate reports, and analyse the nutritional value of the food they eat. It includes a Behaviour Change Planner which helps the reader to identify risks in their life and guides them through the key steps to make positive changes.

FOR THE INSTRUCTOR

- Instructor's Manual
- Test Bank
- Customisable, chapter-by-chapter PowerPoint presentations
- Digital files of graphs, tables, pictures and flow charts from the text



* Pricing is in Australian dollars and is subject to change

Clinical Dosage Calculations, 2e

Brotto / Rafferty

ISBN: 9780170279208

272 pp | Spiralbound | eBook © 2017



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PART I – FUNDAMENTAL SKILLS

1. Basic mathematics
2. Units of measurement
3. Medication charts
4. Using quality and risk management principles in drug calculations
5. General drug calculations
6. Infusion calculations

PART II – SKILLS DEEPENING

7. Paediatric calculations
8. Aged care calculations
9. Midwifery calculations
10. Mental health calculations
11. Critical care and high dependency dosage calculations
12. Oncology calculations

PART III – SKILLS PRACTICE

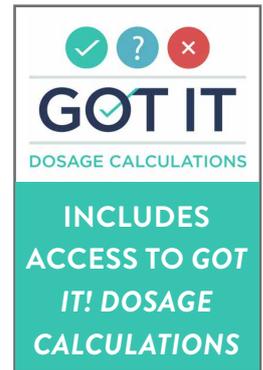
13. Practice questions
14. Answers

An applied skills-focused text, Brotto uses real-life cases, worked examples and real medication charts and labels to engage students. Starting with the fundamental skills to help students deal with mathematics and familiarise themselves with medication charts and labels, the text then moves on to specialist area chapters, allowing them to deepen their skills in a clinical context.



KEY FEATURES OF THIS TEXT

- NEW chapter 12 Oncology Calculations gives students the chance to develop their skills with more complex clinical dosage calculations
- Updated with NEW medication charts, including the national residential medication chart, as well as updated medication labels
- NEW chapter 14 answers to activities in the text for quicker student revision, as well as online in the student companion website



Communications Toolkit, 4e

Grellier | Goerke

ISBN: 9780170401623

336 pp | Spiralbound | eBook © 2018



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PART 1 – TRANSITIONING TO TERTIARY STUDIES

1. Making the transition
2. Developing effective study skills

PART 2 – RESEARCH SKILLS

3. Identifying appropriate resources
4. Evaluating your resources
5. Referencing

PART 3 – ACADEMIC WRITING

6. Approaches to writing
7. Reflective writing
8. Report writing
9. Academic essay writing
10. Some other tertiary genres

PART 4 – REFINING YOUR WRITING

11. Two principles of good academic writing
12. Grammar, punctuation and spelling

PART 5 – FACE-TO-FACE COMMUNICATION

13. Interpersonal skills
14. Intercultural communication
15. Teamwork
16. Presentations
17. How far you've come!

This best-selling all-rounder gives learners practical advice, tips and strategies to develop the communications skills needed to be successful in their academic and working careers. This is a multidisciplinary book for all students to learn good communications skills. The direct, inclusive, motivational and student-friendly text addresses both individual students and those working in seminar or workshop groups, and provides activities for both types of student throughout the book.

KEY FEATURES OF THIS TEXT

- Provides examples and tactics for managing communications challenges when learning online
- Equips students with techniques for effective active listening and dealing with conflict
- Examples from a wide variety of disciplines including health, sciences, the arts and more, makes the content relatable for more students
- Engages students with appealing new spiral binding and open design with spaces for students to write in



Available with CourseMateExpress

CLINICAL SKILLS VIDEOS

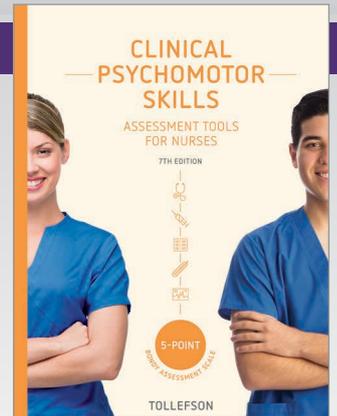
VIDEOS THAT DEMONSTRATE THE SKILLS YOUR STUDENTS NEED TO MASTER

TOLLEFSON, CLINICAL SKILLS FOR NURSING

Demonstrate professional nursing skills to your students with Australian videos complementing Joanne Tollefson's theory and practice of key clinical skills – fully updated with five new skills for 2019.

Student-friendly and practical Tollefson videos allow students to see the skills they need to master – demonstrated in real-life settings – building layers of learning not achievable through the course text alone.

This suite of resources is ideal for teaching students studying to be registered nurses/division 1 nurses, undertaking a Bachelor of Nursing at university level. Contemporary and set in real-life Australian settings, this series focuses on the following 76 skills:



ASEPTIC NON-TOUCH TECHNIQUE

- Hand hygiene
- Personal protective equipment
- Aseptic non-touch technique
- Aseptic/clinical hand hygiene
- Surgical gowning and gloving

ASSESSMENT

- Temperature, pulse and respiration measurement
- Blood pressure measurement
- Monitoring pulse oximetry
- Pain assessment
- Physical assessment
- Mental status assessment
- Focused cardiovascular health history and physical assessment
- 12-lead electrocardiogram
- Focused respiratory health history and physical assessment
- Focused neurological health history and physical assessment
- Neurovascular observations
- Focused gastrointestinal health history and abdominal physical assessment
- Height, weight and waist circumference measurements
- Blood glucose measurement
- Focused musculoskeletal health history and physical assessment and range of motion exercises

PROFESSIONAL COMMUNICATION

- Clinical handover
- Documentation
- Health care teaching

ASSISTING WITH FLUID AND NUTRITIONAL STATUS

- Assisting with meals
- Nasogastric tube insertion
- Administering enteral nutrition
- Intravenous therapy – assisting with establishment
- Intravenous therapy – management

ASSISTING WITH ELIMINATION

- Assisting with elimination needs
- Administering an enema
- Suprapubic catheter care – catheter irrigation
- Urinary catheterisation

MEDICATION ADMINISTRATION

- Oral medication
- Enteral medication
- Topical medication (NEW)
- Otic medication
- Vaginal medication (NEW)
- Rectal medication (NEW)
- Inhaled medication
- Parenteral medication
- Intravenous medication administration: volume-controlled infusion set
- Intravenous medication administration: intravenous container

PAIN MANAGEMENT

- Non-pharmacological pain management intervention – dry heat and cold therapy
- Patient-controlled analgesia and other syringe-driven medication
- Subcutaneous infusions

PERIOPERATIVE CARE

- Pre-operative care
- Post-anaesthesia care and handover
- Post-operative care

ASSISTING WITH PERSONAL HYGIENE AND SKIN INTEGRITY

- Bed bath or assisted shower
- Oral care, hair care, nail care and shaving
- Assisting a person to reposition
- Assisting a person to mobilise
- Pressure area care - preventing pressure injuries

RESPIRATORY SKILLS

- Oxygen therapy via nasal cannula or various masks
- Oropharyngeal and nasopharyngeal suctioning
- Artificial airway suctioning
- Tracheostomy care
- Chest drainage system assessment and management

TRANSFUSION AND BLOOD PRODUCTS

- Blood transfusion
- Venipuncture

WOUND MANAGEMENT

- Dry dressing technique
- Complex wounds: drain and suture, staple or clip removal
- Complex wounds: wound irrigation
- Complex wounds: packing a wound

ADVANCED SKILLS

- Caring for a person with a central venous access device
- Assisting with stoma care
- Intravenous medication administration – bolus
- Seclusion management
- Electroconvulsive therapy care
- Non-pharmacological pain management interventions – therapeutic massage
- Non-pharmacological pain management interventions – Conventional Transcutaneous Electrical Nerve Stimulation
- Neonate – daily care
- Caring for a person who is unconscious
- Continuous bladder irrigation (NEW)
- Continuous Abdominal Peritoneal Dialysis (NEW)

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