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Introductory psychology

Psychology
Australian & New Zealand
2nd edition
Bernstein | Pooley | Cohen | Gouldthorp | Provost | Cranney
ISBN: 9780170386302
960 pp | MindTap | Paperback | eBook
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Strike a balance between classic and contemporary topics and theory. The second edition of Bernstein, Psychology is a contemporary and practicable text that engages students with local ideas and examples, within the context of psychology as an international discipline. Rich cultural and indigenous coverage is integrated throughout the text, as well as new dedicated ‘Indigenous Psychology’ and ‘Cultural Psychology’ chapters.

- Two NEW chapters: ‘Indigenous Psychology’ and ‘Cultural Psychology’, developed through consultation with Indigenous Australian and New Zealand academics
- Examine how theoretical concepts have been used in practice through the Applying Psychology questions at the beginning of each chapter and throughout the text
- Thinking Critically sections in each chapter make psychological processes more explicit and accessible by providing a five-question framework for analysing evidence before drawing conclusions
- The Focus on Research sections examine the ways in which research methods have been applied to help advance understanding of behaviour and mental processes

Table of Contents
1. Introducing psychology
2. Research in psychology
3. Biological aspects of psychology
4. Sensation and perception
5. Learning
6. Memory
7. Cognition and language
8. Consciousness
9. Cognitive abilities
10. Motivation and emotion
11. Human development
12. Health, stress, and coping
13. Personality
14. Psychological disorders and treatment
15. Social cognition and influence
16. Culture and psychology
17. Indigenous psychology

ONLINE CONTENT
18. Neuropsychology
19. Behavioural genetics
20. Statistics in psychological research
App A Careers for psychology graduates
App B Searching psychology databases

cengage.com.au/psychology

Social psychology

Social Psychology
Australian & New Zealand
2nd edition
Kassin | Fein | Markus | McBain | Williams
ISBN: 9780170420563
768 pp | MindTap | Paperback | eBook
©2020
Available with MINDTAP

Using a balanced approach, Social Psychology, 2e connects social psychology theories, research methods, and basic findings to real-world applications with a current-events emphasis. Coverage of culture and diversity is integrated into every chapter in addition to strong representation throughout of regionally relevant topics such as Indigenous perspectives; environmental psychology and conservation; community psychology; gender identity; and attraction and close relationships (including same-sex marriage in different cultures, gendered behaviours when dating, and updated data on online dating), making this visually engaging textbook useful for all social psychology students.

New to this edition
- Increased coverage of Indigenous perspectives throughout social psychology
- Expanded coverage of gender and sexuality in social psychology with NEW Chapter 5, ‘Gender identity’
- Explore diverse cultural issues, research and practices in relation to social psychology through the greater emphasis on cultural diversity throughout the text, starting in Chapter 1 and in the ‘Cultural diversity’ boxes throughout the text
- Exploration of replication failures in social psychology research in the ‘Current Scene On ...’ boxes throughout the text
- Linkages diagrams at the end of every chapter help students understand relationships between social psychology concepts
- Expanded coverage of leadership in social psychology in Chapter 16, ‘Business’

Table of Contents
Part 1 Introduction
1. What is social psychology?

Part 2 Social perception
2. The social self
3. Perceiving persons
4. Stereotypes, prejudice, and discrimination
5. Gender identity

Part 3 Social influence
6. Attitudes
7. Conformity, compliance and obedience
8. Group processes

Part 4 Social relations
9. Attraction and close relationships
10. Helping others
11. Aggression and anti-social behaviour

Part 5 Social psychology and real-world applications
12. Environmental psychology and conservation
13. Community psychology
14. Stress, health and wellbeing
15. Law
16. Business

cengage.com.au/psychology
Help students gain a deeper understanding of the many interacting forces affecting infancy, childhood, adolescence and adulthood. Includes local, multicultural and Indigenous issues and perspectives, local research in development, regionally relevant statistical information, and national guidelines on health.

New to this edition
- The chronological sections of content have been refined to allow academics taking the chronological approach to more easily navigate life span stages through topics
- Expanded coverage of the following important topics: sexual behaviour, creativity, bullying, emotion, humanistic theory, self-concept and self-esteem, cultural and social influences on language development, and moral development
- Updated research and examples throughout the text maintain currency and relevancy
- ‘Linkages’ icons in the margin direct students to make connections between important topics covered elsewhere in the text

Table of Contents
1. Understanding life span human development  
2. Theories of human development  
3. Genes, environment and the beginnings of life  
4. Body, brain and health  
5. Cognitive development  
6. Sensory-perception, attention and memory  
7. Intelligence and creativity  
8. Language, literacy and learning  
9. Self, personality, gender and sexuality  
10. Social cognition and moral development  
11. Emotions, attachment and social relationships  
12. Developmental psychopathology  
13. The final challenge: death and dying

Also available in human development

Life-Span Human Development, 9e
Sigelman | Rider
ISBN: 9781337100731
768 pp | MindTap | Hardcover | eBook
© 2018
Available with MINDTAP

Comprehensive, succinct, and applied, Human Development: A Life-Span View has proven its ability to capture students’ interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert Kail and John Cavanaugh’s combined expertise in childhood, adolescence, and gerontology result in a rich description of all life-span stages and important topics. The eighth edition blends basic and applied research with coverage of controversial topics and emergent trends to demonstrate connections between the laboratory and life.

New to this edition
- New profiles in the ‘Real People’ feature include Muhammad Ali, James Obergefell and John Arthur’s fight for gay marriage, the Angelina Jolie effect on breast cancer screening, NASA mathematician Katherine Johnson, the politics of unemployment, and Randy Pausch’s last lecture
- New topics in the ‘Spotlight on Research’ feature include infant reaching, preschool children's essentialist thinking, impaired reading comprehension, electronic media, adolescent depression, and the long-term health effects of leisure activities

Table of Contents
1. The study of human development  
2. Prenatal development, infancy, and early childhood  
3. Biological foundations: heredity, prenatal development, and birth  
4. Tools for exploring the world: physical, perceptual, and motor development  
5. The emergence of thought and language: cognitive development in infancy and early childhood  
6. Entering the social world: socioemotional development in infancy and early childhood

Also available in human development

Life-Span Human Development, 9e
Sigelman | Rider
ISBN: 9781337100731
768 pp | MindTap | Hardcover | eBook
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Part II School-age children and adolescents
6. Off to school: cognitive and physical development in middle childhood  
7. Expanding social horizons: socioemotional development in middle childhood  
8. Rites of passage: physical and cognitive development in adolescence

Part III Young and middle adulthood
9. Moving into the adult social world: socioemotional development in adolescence  

Part IV Late adulthood
10. Becoming an adult: physical, cognitive, and personality development in young adulthood  
11. Being with others: forming relationships in young and middle adulthood  
12. Work, leisure, and retirement  
13. Making it in midlife: the biopsychosocial challenges of middle adulthood

Part V Late adulthood
14. The personal context of later life: physical, cognitive, and mental health issues  
15. Social aspects of later life: psychosocial, retirement, relationship, and societal issues  
16. The final passage: dying and bereavement

Glossary  
References
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1. Nerve cells and nerve impulses
2. Synapses
3. Anatomy and research methods
4. Genetics, evolution, development, and plasticity
5. Vision
6. Other sensory systems
7. Movement
8. Wakefulness and sleep
9. Internal regulation
10. Reproductive behaviors
11. Emotional behaviors
12. Learning, memory, and intelligence
13. Cognitive functions
14. Psychological disorders
Appendix A: Brief, basic chemistry
Appendix B: Society for neuroscience policies on the use of animals and human subjects in research

Discovering Behavioral Neuroscience: An Introduction to Biological Psychology, 4e
Freberg
ISBN: 9781337570930
672 pp | MindTap | Hardback | eBook
©2019
Available with MINDTAP

With comprehensive, authoritative coverage and student-centred pedagogy, Discovering Behavioral Neuroscience: An Introduction to Biological Psychology is ideal for a broad range of students taking a beginning undergraduate course in behavioural neuroscience, biological psychology, or physiological psychology. Updated to reflect current thinking in the field, the fourth edition provides a foundational understanding of the structure and function of the nervous system and its relationship to both typical and disordered human behaviour. Author Laura Freberg – who has more than 30 years of teaching experience at schools ranging from community colleges to the Ivy League – presents classic concepts, current topics, and cutting-edge research in a style that is both accessible to beginning students and appealing to students with stronger backgrounds.

Table of Contents
1. What is behavioral neuroscience?
2. Functional neuroanatomy and the evolution of the nervous system
3. Neurophysiology; the structure and functions of the cells of the nervous system
4. Psychopharmacology
5. Genetics and the development of the human brain
6. Vision
7. Nonvisual sensation and perception
8. Movement
9. Homeostasis, motivation, and reward
10. Sexual behavior
11. Sleep and waking
12. Learning and memory
13. Cognition
14. Emotion, aggression, and stress
15. Neuropsychology
16. Psychopathology

Dr James W. Kalat's Biological Psychology is the most widely used text in the course area, translated into seven other languages. A high level of scholarship and a clear writing style with amusing anecdotes and precise examples make Biological Psychology accessible to psychology students, not just to biology majors and pre-meds. Another goal is to convey the excitement of the search for biological explanations of behaviour, and Kalat delivers. Updated with new topics, examples and recent research findings – and supported by the interactive learning tools in the MindTap eLearning platform – the thirteenth edition speaks to today's students and instructors.

cengage.com.au/psychology
Balancing developmental, clinical-diagnostic, and experimental approaches to child and adolescent psychopathology, Eric Mash and David Wolfe’s *Abnormal Child Psychology* is one of the most up-to-date, authoritative, and comprehensive books in its market. The seventh edition is organised to reflect DSM-5 categories, dimensional approaches to classification, and evidence-based assessment and treatment approaches. The authors trace developmental pathways for each disorder and show how child and adolescent psychopathology involves biological, psychological, and sociocultural factors interacting with a youth's environment. Case histories, examples, and first-person accounts illustrate the categorical and dimensional approaches used to describe disorders. The authors also consistently illustrate how troubled children behave in their natural settings: homes, schools, and communities.

**Table of Contents**

**Part I Understanding abnormal child psychology**
1. Introduction to normal and abnormal behavior in children and adolescents
2. Theories and causes
3. Research
4. Assessment, diagnosis, and treatment

**Part II Neurodevelopmental disorders**
5. Intellectual disability (intellectual developmental disorder)
6. Autism spectrum disorder and childhood-onset schizophrenia
7. Communication and learning disorders
8. Attention-deficit/hyperactivity disorder (ADHD)

**Part III Behavioral and emotional disorders**
9. Conduct problems
10. Depressive and bipolar disorders
11. Anxiety and obsessive-compulsive disorders
12. Trauma- and stressor-related disorders

**Part IV Problems related to physical and mental health**
13. Health-related and substance-use disorders
14. Feeding and eating disorders
Balancing biological, psychological, social, and cultural approaches, this book’s ground-breaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. Updated with leading-edge research findings, the eighth edition draws on the expertise of three internationally recognised experts in clinical psychology.

This comprehensive resource includes integrated case studies (95 percent from the authors’ own files) and additional study tools, including MindTap - an online learning experience featuring video activities and clips of clients introduced in the book.

New to this edition
- Ground-breaking updates to research findings include updated views on the concept of 'abnormality', new developments in dimensional classification of mental disorders, and cutting-edge research studies illustrating the difference between clinical and statistical significance
- Throughout, this edition highlights the latest innovations in the treatment of mental disorders, including advancements in mindfulness-based therapies and new approaches to the treatment of schizophrenia
- Includes updates on the contribution of genetic factors and recent discoveries in neuroscience as they relate to psychopathology

Table of Contents
1. Abnormal behavior in historical context
2. An integrative approach to psychopathology
3. Clinical assessment, diagnosis, and research in psychopathology
4. Anxiety, trauma- and stressor-related, and obsessive-compulsive and related disorders
5. Somatic symptom and related disorders and dissociative disorders
6. Mood disorders and suicide
7. Physical disorders and health psychology
8. Eating and sleep-wake disorders
9. Sexual dysfunctions, paraphilic disorders, and gender dysphoria
10. Substance-related, addictive, and impulse-control disorders
11. Personality disorders
12. Schizophrenia spectrum and other psychotic disorders
13. Neurodevelopmental disorders
14. Mental health services: legal and ethical issues

MindTap for Barlow’s Abnormal Psychology is a highly personalised, fully online learning platform that offers a tailored presentation of your course curriculum. It includes an innovative learning path where students work through reading assignments, complete homework, and engage with quizzes and assessments. It includes Abnormal Psychology videos and the Continuum Video Project, which features guided exercises based on video profiles of mental disorders.
This field-leading introduction to statistics text for students in the behavioral and social sciences offers straightforward instruction, accuracy, built-in learning aids, and real-world examples. The goals of *Statistics for the Behavioral Sciences, 10e* are to teach the methods of statistics and convey the basic principles of objectivity and logic that are essential for science – and valuable in everyday life. Authors Frederick Gravetter and Larry Wallnau help students understand statistical procedures through a conceptual context that explains why the procedures were developed and when they should be used. Students have numerous opportunities to practise statistical techniques through learning checks, examples, step-by-step demonstrations, and problems.

Benefits of *MindTap*:
- SPSS tutorials and interactive problems in the *MindTap* learning path give students exposure to real-world statistical software, and video problem demos provide students help when they need it most
- Realistic data sets and math and graphing tutorials help students to overcome mathematical challenges and fears that would otherwise prevent them from learning statistics

**Table of Contents**
1. Introduction to statistics
2. Frequency distributions
3. Central tendency
4. Variability
5. z-Scores: location of scores and standardized distributions
6. Probability
7. Probability and samples: the distribution of sample means
8. Introduction to hypothesis testing
9. Introduction to the t statistic
10. The t test for two independent samples
11. The t test for two related samples
12. Introduction to analysis of variance
13. Repeated-measures analysis of variance (ANOVA)
14. Two-factor analysis of variance (independent measures)
15. Correlation
16. Introduction to regression
17. The chi-square statistic: tests for goodness of fit and independence
18. The binomial test

A brief version of Gravetter and Wallnau’s bestseller and now thoroughly updated with the latest research, *Essentials of Statistics for the Behavioral Sciences, 10th Edition* delivers straightforward instruction, unrivaled accuracy, hands-on learning tools and a wealth of real-world examples and illustrations. Giving extra focus to difficult topics, the authors take time to explain statistical procedures so that students can go beyond memorising formulas and begin gaining a conceptual understanding. Integrated applications reinforce concepts, ensuring that even students with a weak background in mathematics can fully grasp statistics. As a result, readers become savvy consumers of information. The interactive learning tools in the *MindTap* eLearning platform - including the *Aplia* online homework tool - support instructors with class preparation, testing, and the ability to customise learning paths and content to maximise student success.
Research and writing guides for psychology

Communications Toolkit, 4e
Grellier | Goerke
ISBN: 9780170401623
376 pp | Paperback | eBook © 2018
Available with MINDTAP

The Communications Toolkit is a valuable and practical resource guide to enable students to develop effective communication skills. The text helps students make a successful transition to tertiary studies, develop effective research skills for their discipline, approach academic writing with confidence, refine their writing skills, and enhance their face-to-face communication experience.

The fourth edition includes more information than ever on active listening and dealing with conflict, while taking into account the changing nature of university studies as more and more students study and take courses online. To deal with the diverse ways students study, this text includes new examples of online students' communication work and new coverage of the communication challenges students face when going to university.

Pocket Guide to APA Style, 6e
Perrin
ISBN: 9781305969698
192 pp | MindTap | Spiral bound | eBook ©2018
Available with MINDTAP

This bestselling text is an essential resource for any undergraduate psychology student. For many years it has helped guide students with writing reports and essays by teaching them how to think critically, to write clearly and simply, and to follow the conventions of the publication manual of the American Psychological Association (APA). A must-have manual for anyone that needs to learn how to write professional psychology reports and essays.

Writing for Psychology, 6e
O'Shea | McKenzie
ISBN: 9780170214681
216 pp | Spiral bound | eBook ©2013
Available with MINDTAP

An ideal tool for students who are writing research papers across the disciplines, the Pocket Guide to APA Style, 6e offers straightforward explanations, annotated examples, and margin notes designed to help students write properly documented papers in the latest APA style. Thorough and practical, this concise guide is less expensive and easier for undergraduates to use than the APA Manual, and includes additional information about the research writing process. The sixth edition presents extensive and up-to-date coverage of electronic sources, preparing students to evaluate and use Internet references correctly in their research.
Upper-level psychology

Written within a bio-psychosocial framework, Cavanaugh and Blanchard-Fields’ bestselling text covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book’s focus on positive aging and the gains and losses people experience across adulthood distinguish it from its competitors.

**Table of Contents**
1. Studying adult development and aging
2. Neuroscience as a basis for adult development
3. Physical changes
4. Longevity, health, and functioning
5. Where people live: person-environment interactions
6. Attention and memory
7. Intelligence, reasoning, creativity, and wisdom
8. Social cognition
9. Personality
10. Clinical assessment, mental health, and mental disorders
11. Relationships
12. Work, leisure, and retirement
13. Dying and bereavement
14. Healthy aging

Connecting the study of cognition to everyday life, E. Bruce Goldstein’s *Cognitive Psychology: Connecting Mind, Research and Everyday Experience, 5e*, gives equal treatment to both the landmark studies and the cutting-edge research that define this fascinating field. Concrete examples and illustrations help students understand the theories of cognition – reinforcing both the scientific importance of the theories and their relevance to students’ daily lives. Goldstein’s accessible narrative style blends with an art program that makes difficult concepts understandable. Students gain a true understanding of the ‘behind the scenes’ activity that happens in the mind when humans do seemingly simple activities such as perceive, remember or think. Goldstein also focuses on the behavioural and physiological approaches to cognition by including physiological materials in every chapter.

**Table of Contents**
1. Introduction to cognitive psychology
2. Cognitive neuroscience
3. Perception
4. Attention
5. Short-term and working memory
6. Long-term memory: structure
7. Long-term memory: encoding, retrieval, and consolidation
8. Everyday memory and memory errors
9. Conceptual knowledge
10. Visual imagery
11. Language
12. Problem solving
13. Judgment, decisions, and reasoning
In *Research Methods for the Behavioral Sciences, 6e*, Fredrick J Gravetter and Lori-Ann B Forzano help students see how interesting and exciting experimental and nonexperimental research can be. The text leads students through the research process from start to finish, including tips and strategies for generating research ideas and hypotheses, selecting measures and participants, and designing research. This step-by-step approach emphasises the decisions researchers must make at each stage of the process. The authors avoid a ‘cookbook’ presentation by linking terminology with applied concepts; their ‘lecture in a book’ style emphasises clear, thorough explanations. Research examples present topics of particular interest to students, and content throughout the book reflects current APA guidelines.

**Table of Contents**

1. Introduction, acquiring knowledge, and the scientific method
2. Research ideas and hypotheses
3. Defining and measuring variables
4. Ethics in research
5. Selecting research participants
6. Research strategies and validity
7. The experimental research strategy
8. Experimental designs: between-subjects design
9. Experimental designs: within-subjects design
10. The nonexperimental and quasi-experimental strategies: nonequivalent group, pre–post, and developmental designs
11. Factorial designs
12. The correlational research strategy
13. The descriptive research strategy
14. Single-case experimental research designs
15. Statistical evaluation of data
16. Writing an APA-style research report

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B. Statistics demonstrations and statistical tables
C. Instructions for using SPSS
D. Sample APA-style research report manuscript for publication

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