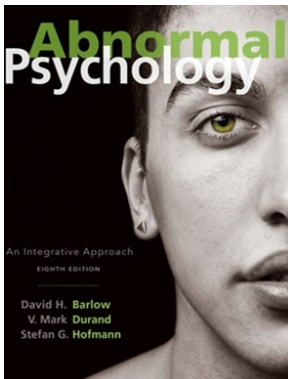


## MindTap Quick Start Guide

**Abnormal Psychology: An Integrative Approach 8<sup>th</sup> Edition**

David H. Barlow, V. Mark Durand, Stefan G. Hofmann



Balancing biological, psychological, social, and cultural approaches, this book's ground-breaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. Updated with leading-edge research findings, the eighth edition draws on the expertise of David H. Barlow, V. Mark Durand, and Stefan G. Hofmann, three internationally recognized experts in clinical psychology.

### 3 Key Features

Activity	Where to find it – an example	What is it	Why it matters
Continuum Video Project	<ol style="list-style-type: none"> <li>Chapter 5: Anxiety, Trauma- and Stressor-Related, and Obsessive Compulsive and )</li> <li>Continuum Video Project: PTSD</li> <li>Continuum Video Project: Darwin</li> </ol>	<p><b>Continuum Video Project</b></p> <p>An engaging product that provides holistic, three-dimensional portraits of individuals dealing with psychopathology. Videos show clients living their daily lives, interacting with family and friends, and displaying—rather than just describing—their symptoms. Before each video segment, students are asked to make observations about the individual's symptoms, emotions, and behaviors, and then rate them on the spectrum from normal to severe.</p>	<p>The Continuum Video Project allows students to “see” the disorder and the person, humanly; the videos also illuminate student understanding that abnormal behavior can be viewed along a continuum.</p>
Concept Clips	<ol style="list-style-type: none"> <li>Chapter 6: Somatic Symptom and Related Disorders and Dissociative disorders</li> <li>Eating Disorders</li> <li>Concept Clip: Somatic Symptoms and Related Disorders</li> </ol>	<p><b>Concept Clips</b></p> <p>Detailed animations that teach core concepts with interactive elements, narrated audio, and non-graded concept checks.</p>	<p>Students gain understanding from alternative media-rich explanations of core concepts and self-assessment.</p>
Profiles in Psychopathology	<ol style="list-style-type: none"> <li>Chapter 13: Schizophrenia Spectrum and Other Psychotic Disorders)</li> <li>Profiles in Psychopathology: Psychotic Disorders</li> </ol>	<p><b>Profiles in Psychopathology</b></p> <p>An exciting new product that guides users through the symptoms, causes, and treatments of individuals who live with mental disorders. Each of the ten modules focuses on one type of disorder. Students learn about six individuals—popular and historical figures, as well as an individual from the population-at-large -- and then match the individual to the disorder that best explains their symptoms and causes. It includes video footage of a real person discussing their experience with psychopathology.</p>	<p>Users/students explore the lives of individuals with mental disorders to better understand the etiology, symptoms, and treatment.</p>

**Barlow - Abnormal Psychology: An Integrative Approach 2018**

**MindTap Asset Description**

Abnormal Psychology: An Integrative Approach  
Barlow

Activity	How many?	What is it?	Seat time?	Why it matters?
Fact or Fiction	16	Before reading this chapter, answer these questions to distinguish truth from fiction.	15 minutes after reading	Students who take a pre-lecture quiz after reading can improve their course grade by ~15% (Daniel & Brouda, 2004)
Mastery Training powered by Cerego	16	Learning engine that presents concepts to students, adapting to each student's performance to help them learn efficiently and effectively, and master core concepts.	Minutes each day for at least one week to reach Level 1 mastery	Students who use this learning engine can improve their course grade by ~13% (Homer & Plass, 2013).
Concept Clips	15	Detailed animations that teach core concepts with interactive elements, narrated audio, and non-graded concept checks.	3 minutes	Students gain understanding from alternative media-rich explanations of core concepts and self-assessment.

## MindTap Table of Contents

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Chapter/Topic	Assignments	Points
Chapter 1 Abnormal Behavior in Historical Context	Fact or Fiction	5
	Mastery Training	30
	Understanding Psychopathology - Quiz 1.1	13
	The Supernatural Tradition; The Biological Tradition – Quiz 1.2	11
	Concept Clip: Psychological Models of Abnormal Behavior	100
	The Psychological Tradition; The Present: The Scientific Method and an Integrative Approach– Quiz 1.3	15
	Chapter 1 Quiz	15
Chapter 2 An Integrative Approach to Psychopathology	Fact or Fiction	5
	Mastery Training	30
	Concept Clip: Etiology of Mental Disorders	100
	One-Dimensional versus Multidimensional Models– Quiz 2.1	5
	Genetic Contributions to Psychopathology – Quiz 2.2	9
	Neuroscience and Its Contributions to Psychopathology – Quiz 2.3	23
	Behavioral and Cognitive Science; Emotions – Quiz 2.4	6
Cultural, Social, and Interpersonal Factors Life-Span Development		
	Conclusions – Quiz 2.5	6
	Chapter 2 Quiz	15
Chapter 3 Clinical Assessment and Diagnosis	Fact or Fiction	5
	Mastery Training	30
	Concept Clip: Reliability and Validity in Assessment and Diagnosis	100
	Assessing Psychological Disorders – Quiz 3.1	65
	Concept Clip: Diagnosis and the DSM	100
	Concept Clip: Diagnosis and the DSM – Quiz 3.2	14
	Chapter 3 Quiz	15
Chapter 4 Research Methods	Fact or Fiction	5
	Mastery Training	30
	Examining Abnormal Behavior – Quiz 4.1	20
	Types of Research Methods – Quiz 4.2	28
	Genetics and Behavior across Time and Cultures – Quiz 4.3	29
	Chapter 4 Quiz	15
Chapter 5 Anxiety, Trauma, and Stressor-Related and Obsessive-Compulsive and Related Disorders	Fact or Fiction	5
	Mastery Training	30
	Concept Clip: Anxiety, Fear, and Panic	100
	Concept Clip: Panic Disorder and Agoraphobia	100
	Concept Clip: PTSD and Acute Stress Disorder	100
	<b>The Complexity of Anxiety Disorders</b> Anxiety Disorders; Generalized Anxiety Disorder; Panic Disorder and Agoraphobia; Specific Phobia	

	<p>Social Anxiety Disorder (Social Phobia) – Quiz 5.1</p> <p>Trauma- and Stressor- Related Disorders Posttraumatic Stress Disorder (PTSD) – Quiz 5.2</p> <p>Obsessive-Compulsive and Related Disorders Obsessive-Compulsive Disorder Body Dysmorphic Disorder Other Obsessive-Compulsive and Related Disorders – Quiz 5.3</p> <p>Quiz: Profiles in Psychopathology Anxiety Disorders</p> <p>Reflection: Profiles in Psychopathology Anxiety Disorders Continuum Video Project: Darwin</p> <p>Case study for anxiety disorders – Adam</p> <p>Case Study for obsessive-compulsive and related disorders – Katherine</p> <p>Case study trauma and stressor-related disorders – Lena</p> <p>Chapter 5 Quiz</p>	<p>35</p> <p>9</p> <p>16</p> <p>6</p> <p>2</p> <p>4</p> <p>8</p> <p>7</p> <p>8</p> <p>15</p>
<p>Chapter 6 Somatic Symptom and Related Disorders and Dissociative Disorders</p>	<p>Fact or Fiction</p> <p>Mastery Training</p> <p>Concept Clip: Somatic Symptoms and Related Disorders</p> <p>Somatic Symptom and Related Disorders– Quiz 6.1</p> <p>Dissociative Disorders – Quiz 6.2</p> <p>Quiz: Profiles in Psychopathology Somatic Symptom and Related Disorders and Dissociative Disorders</p> <p>Reflection: Profiles in Psychopathology Somatic Symptom and Related Disorders and Dissociative Disorders</p> <p>Continuum Video Project: Lani and Jan</p> <p>Case study for somatic symptom and related disorders – Hannah</p> <p>Case study for dissociative disorders - Felix</p> <p>Chapter 6 Quiz</p>	<p>5</p> <p>30</p> <p>100</p> <p>18</p> <p>19</p> <p>6</p> <p>2</p> <p>4</p> <p>7</p> <p>8</p> <p>15</p>
<p>Chapter 7 Mood Disorders and Suicide</p>	<p>Fact or Fiction</p> <p>Mastery Training</p> <p>Concept Clip: Depression and Mania</p> <p>Understanding and Defining Mood Disorders – Quiz 7.1</p> <p>Prevalence of Mood Disorders – Quiz 7.2</p> <p>Concept Clip: Bipolar and Related Disorders</p> <p>Causes of Mood Disorders – Quiz 7.3</p> <p>Concept Clips: Antidepressants</p> <p>Treatment of Mood Disorders – Quiz 7.4</p> <p>Suicide – Quiz 7.5</p> <p>Quiz: Profiles in Psychopathology</p> <p>Reflection: Profiles in Psychopathology Mood Disorders</p> <p>Continuum Video Project: Emilie</p> <p>Case study for mood disorders – Jacob</p> <p>Case study for bipolar and related disorders – Giancarlo</p>	<p>5</p> <p>30</p> <p>100</p> <p>29</p> <p>7</p> <p>100</p> <p>20</p> <p>100</p> <p>15</p> <p>14</p> <p>6</p> <p>2</p> <p>4</p> <p>8</p> <p>8</p>

	Chapter 7 Quiz	15
Chapter 8 Eating and Sleep-Wake Disorders	Fact or Fiction	5
	Mastery Training	30
	Concept Clip: Differential Diagnosis: Bulimia Nervosa and Binge Eating Disorder	100
	Eating Disorders – Quiz 8.1	37
	Obesity – Quiz 8.2	2
	Sleep–Wake Disorders: The Major Dysomnias Treatment of Sleep Disorders– Quiz 8.3	19
	Quiz: Profiles in Psychopathology Eating and Sleep–Wake Disorders	6
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	Case study 1 for eating disorders – Alexis	7
	Case study 2 for eating disorders - Bianca	7
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	Chapter 9 Physical Disorders and Health Psychology	Fact or Fiction
Mastery Training		30
Psychological and Social Factors That Influence Health – Quiz 9.1		17
Psychosocial Effects on Physical Disorders – Quiz 9.2		23
Psychosocial Treatment of Physical Disorders – Quiz 9.3		9
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Reflection: Profiles in Psychopathology Substance-Use and Related Disorders		2
Chapter 9 Quiz		15
Chapter 10 Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria	Fact or Fiction	5
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	What Is Normal Sexuality? An Overview of Sexual Dysfunctions Assessing Sexual Behavior Causes and Treatment of Sexual Dysfunction – Quiz 10.1	26
	Paraphilic Disorders: Clinical Descriptions Assessing and Treating Paraphilic Disorders – Quiz 10.2	17
	Concept Clip: Differential Diagnosis: Gender Dysphoria and Transvestic Disorder	100
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	Case study for paraphilic disorders - Colin	8
	Chapter 10 Quiz	15
Chapter 11 Substance-Related, Addictive, and Impulse-Control Disorders	Fact or Fiction	5
	Mastery Training	30
	Perspectives on Substance-Related and Addictive Disorders Depressants? – Quiz 11.1	14
	Stimulants Opioids Cannabis-Related Disorders Hallucinogen-Related	

	<p>Disorders Other Drugs of Abuse– Quiz 11.2</p> <p>Causes of Substance-Related Disorders– Quiz 11.3</p> <p>Treatment of Substance-Related Disorders – Quiz 11.4</p> <p>Gambling Disorder Impulse-Control Disorders – Quiz 11.5</p> <p>Quiz: Profiles in Psychopathology Substance-Use and Related Disorders</p> <p>Reflection: Profiles in Psychopathology Substance-Use and Related Disorders</p> <p>Continuum Video Project: Mark</p> <p>Case study 1 for substance-related disorders – Jack</p> <p>Case study 2 for substance-related disorders - Gloria</p> <p>Chapter 11 Quiz</p>	<p>10</p> <p>10</p> <p>10</p> <p>4</p> <p>5</p> <p>6</p> <p>2</p> <p>4</p> <p>11</p> <p>11</p> <p>15</p>
<p>Chapter 12 Personality Disorders</p>	<p>Fact or Fiction</p> <p>Mastery Training</p> <p>An Overview of Personality Disorders – Quiz 12.1</p> <p>Cluster A Personality Disorders – Quiz 12.2</p> <p>Cluster B Personality Disorders - Quiz 12.3</p> <p>Cluster C Personality Disorders – Quiz 12.4</p> <p>Quiz: Profiles in Psychopathology Personality Disorders</p> <p>Reflection: Profiles in Psychopathology Psychotic Disorders</p> <p>Continuum Video Project: Tina</p> <p>Case study 1 for psychotic disorders – Margaret</p> <p>Case study 2 for personality disorders - Emmie</p> <p>Chapter 12 Quiz</p>	<p>5</p> <p>30</p> <p>4</p> <p>7</p> <p>23</p> <p>13</p> <p>6</p> <p>2</p> <p>4</p> <p>7</p> <p>7</p> <p>15</p>
<p>Chapter 13 Schizophrenia Spectrum and Other Psychotic Disorders</p>	<p>Fact or Fiction</p> <p>Mastery Training</p> <p>Concept Clip: Negative Symptoms of Schizophrenia</p> <p>Concept Clip: Positive Symptoms of Schizophrenia</p> <p>Perspectives on Schizophrenia; Clinical Description, Symptoms, and Subtypes – Quiz 13.1</p> <p>Prevalence and Causes of Schizophrenia– Quiz 13.2</p> <p>Treatment of Schizophrenia – Quiz 13.3</p> <p>Quiz: Profiles in Psychopathology Psychotic Disorders</p> <p>Reflection: Profiles in Psychopathology Psychotic Disorders</p> <p>Continuum Video Project: Andre</p> <p>Case study 1 for developmental disorders - Alan</p> <p>Case study 2 for developmental disorders – Adrian</p> <p>Chapter 13 Quiz</p>	<p>5</p> <p>30</p> <p>100</p> <p>100</p> <p>16</p> <p>11</p> <p>3</p> <p>6</p> <p>2</p> <p>4</p> <p>7</p> <p>7</p> <p>15</p>
<p>Chapter 14 Neurodevelopmental Disorders</p>	<p>Fact or Fiction</p> <p>Mastery Training</p> <p>Overview of Neurodevelopmental Disorders Attention Deficit/Hyperactivity Disorder Specific Learning Disorder– Quiz 14.1</p> <p>Autism Spectrum Disorder – Quiz 14.2</p> <p>Neurocognitive Disorders: Assessment and Treatment – Quiz 14.3</p>	<p>5</p> <p>30</p> <p>24</p> <p>19</p> <p>11</p>

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Chapter 15 Neurocognitive Disorders	Fact or Fiction Mastery Training Perspectives on Neurocognitive Disorders Delirium– Quiz 15.1 Major and Mild Neurocognitive Disorders – Quiz 15.2 Quiz: Profiles in Psychopathology Neurocognitive Disorders Reflection: Profiles in Psychopathology Neurocognitive Disorders Case study 1 for neurocognitive disorders - Alex Case study 2 for neurocognitive disorders - Alice Chapter 15 Quiz	5 30 4 27 6 2 8 8 15
Chapter 16 Mental Health Services: Legal and Ethical Issues	Fact or Fiction Mastery Training Perspectives on Mental Health Law Civil Commitment – Quiz 16.1 Criminal Commitment – Quiz 16.2 Patients’ Rights and Clinical Practice Guidelines – Quiz 16.3 Chapter 16 Quiz	5 30 12 18 14 15
<b>Total</b>		<b>3412</b>