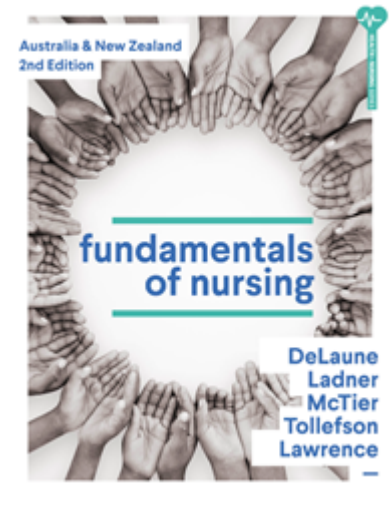


MindTap Quick Start Guide



Australia and New Zealand Fundamentals of Nursing 2nd Edition
Sue DeLaune, Patricia K. Ladner, Lauren McTier, Joanne Tollefson, Joanne Lawrence

Fundamentals of Nursing, 2e highlights the core themes of nursing, including nurse, person, health and environment, covering the fundamental concepts, skills and standards of practice. Research and evidence-based practice issues are highlighted to help introductory nursing students prepare for delivering care for culturally diverse populations across a continuum of settings. With up-to-date coverage of the Registered Nurse Standards of Practice (2016) and key pedagogical features such as our unique **'Spotlight on Critical Thinking'** questions, this text challenges students to assess their own nursing practice and apply the concepts to real-life clinical settings.

3 Key Features

Activity	Where to find it – an example	What is it	Why it matters
Heart and Lung Sounds	<ol style="list-style-type: none"> 1. Nursing Toolbox 2. Heart and lung sounds 3. Cardiac Cycle 	<p>Cardiac Cycle Audio - A short audio clip to help students familiarise themselves with the typical cardiac cycle of a patient. Understanding and assessing heart sounds depends on their understanding of cardiac pressures, valves, and blood flow as well as being able to identify when a cardiac cycle is atypical and requiring further investigation.</p>	Students can use these files as a revision tool to assist them with assessment. Descriptive material helps connect the heart and lung sounds to nursing concepts from the book.
What Do You Think? Poll	<ol style="list-style-type: none"> 1. Unit 1: Nursing perspectives: past, present and future 2. Chapter 1: Vital signs 3. Engage Folder 4. What do you think? Chapter 1 	<p>What Do You Think Chapter 1 Poll Chapter specific question to engage students, capture their opinion, and allow them to compare their thoughts with those of their classmates</p>	Encourages the students to think critically about the reading and provides a space for them to interact, debate and discuss amongst their peers
Media quizzing	<ol style="list-style-type: none"> 1. Unit 6: Responding to basic physiological needs 2. Chapter 31: Physical assessment 3. Apply Folder 4. Media quiz 31-01: Physical assessment: area to be assessed 1 	<p>Media Quiz – Focused cardiovascular health history and physical assessment Students watch a short video snippet from the premium Tollefson Clinical Psychomotor Skills video series and are asked to answer a pair of multiple-choice questions – only available in Unit 6, with 2 quizzes available per chapter (ch 30-43).</p>	Students can test their knowledge and understanding of the chapter concepts by taking this short quiz after viewing the media piece.

MindTap Asset Description

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Learning path location	Activity	How many	What is it	Seat time	Why it matters
NURSING TOOLBOX	Heart and Lung Sounds	23	A set of audio recordings of heart and lung sounds.	15–30 seconds per sound	Students can use these files as a revision tool to assist them with assessment. Descriptive material helps connect the heart and lung sounds to nursing concepts from the book.
	Videos and Animations	26	Videos and animations providing insight into core nursing concepts.	1–3 mins per video	Students can use videos and animations to revise their understanding of body systems and key nursing concepts.
	Advanced Diagnostic Tests	1	Advanced diagnostic extension material suitable for advanced student research.	Varies by student	Diagnostic testing material is provided for advanced nursing students to review as extension material.
ENGAGE	Learning Objectives and Chapter Outline	Every chapter	An introduction to the key concepts covered in the chapter and an outline of what students will be able to do after reading the chapter.	5 mins	Introduces key chapter concepts and empowers the student to learn.
	What Do You Think? Poll	Every chapter	Polling questions prompt students to think more about the real-world vignette that they have read, to consider what nursing responses they would recommend and compare their thoughts to their peers.	5 mins	Encourages critical thinking about the reading and provides a space for students to interact, debate, and discuss.
LEARN	Reading Activity	Every chapter	This is where the core text content lives. It is an interactive e-book with integrated tools for students and instructors. Students can search, jump to sections, highlight, take notes, have the text read aloud, define words and more.	30–60 mins	Chapter readings provide students with a strong theoretical foundation. The instructors can assign the chapter readings to students and customise the content of the readings by adding videos, readings, and other

Learning path location	Activity	How many	What is it	Seat time	Why it matters
					instructor-created content.
APPLY	Case Quiz	Every chapter	A case quiz that presents nursing issues in context, encouraging students to integrate and apply the concepts they have learnt in the chapter.	15–30 mins	Each case provides a person-centred scenario for students to address, with a series of chapter-specific questions that encourage them to apply their learning to the real world.
	Media Quiz	Unit 6 only, 2 per chapter	A short video snippet from the premium Tollefson Clinical Psychomotor Skills video series, with a pair of multiple-choice questions.	3–5 mins	Students can test their knowledge and understanding of the chapter concepts by taking this short quiz.
REVISE	Summary	Every chapter	Section recaps key chapter material.	5 mins	Strengthens students understanding of key chapter concepts.
	Revision Quiz	Every chapter	Interactive quizzes covering all chapter concepts are applied to nursing scenarios and are automatically graded.	5–15 minutes	Checks students' understanding of and ability to remember key concepts from the chapter reading. Offers students instant feedback and directs students to sections to re-read when they answer incorrectly.
	Chapter Activities	Every chapter	This section provides questions to assess student understanding of key concepts, review questions, and critical thinking question.	Varies by student	Strengthens students' understanding of key chapter concepts. Provides revision and extension opportunities ahead of final assessment.
EXTEND	Procedures	Unit 6 Only	Procedures guide students through advanced nursing procedures that they may be required to perform during their studies.	Varies by student	Provides access to Procedures beyond the requirement of the leading Clinical Psychomotor Skills 7e textbook.

MindTap Table of Contents

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Topic/Chapter	Suggested digital activities for homework and/or assessment	Seat time
Chapter 1 <i>Evolution of nursing education and theory</i>	Case Quiz: Evolution of Nursing Theory and Education – Loretta Swift	15 mins
Chapter 2 <i>Research and evidence-based practice</i>	Case Quiz: Research and Evidence-based Practice – Karen Orchard	15 mins
Chapter 3 <i>Health care delivery</i>	Case Quiz: Health Care Delivery – Margaret	15 mins
Chapter 4 <i>Critical thinking, decision making and the nursing process</i>	Case Quiz: Critical Thinking, Decision Making, and Nursing Process – Annabelle Johnson	15 mins
Chapter 5 <i>Assessment</i>	Case Quiz: Assessment – Barry Thompson	15 mins
Chapter 6 <i>Problem identification</i>	Case Quiz: Problem Identification for The Older Adult – Max Billington	15 mins
Chapter 7 <i>Planning</i>	Case Quiz: Planning – Michael Josephs	15 mins
Chapter 8 <i>Implementation</i>	Case Quiz: Implementation – Joan Kade	15 mins
Chapter 9 <i>Evaluation</i>	Case Quiz: Evaluation – Patricia O'Regan	15 mins
Chapter 10 <i>Leadership and delegation</i>	Case Quiz: Leadership and Delegation – Erin Thomson	15 mins
Chapter 11 <i>Legal and ethical responsibilities</i>	Case Quiz: Legal and Ethical Responsibilities – Knox Hilton	15 mins
Chapter 12 <i>Documentation and informatics</i>	Case Quiz: Documentation and Informatics – Adrian Lloyd	15 mins
Chapter 13 <i>Nursing, healing and caring</i>	Case Quiz: Nursing, Healing and Caring – Maruzzedda Carlucci	15 mins
Chapter 14 <i>Communication</i>	Case Quiz: Communication – Michael Wells	15 mins
Chapter 15 <i>Health and wellness promotion</i>	Case Quiz: Health and Wellness Promotion – Billi Woodstein	15 mins
Chapter 16 <i>Family and community health</i>	Case Quiz: Family and Community Health – Amrita Laghari	15 mins
Chapter 17	Case Quiz: The Life Cycle – Naomi Gardener	15 mins

Topic/Chapter	Suggested digital activities for homework and/or assessment	Seat time
<i>The life cycle</i>		
Chapter 18 <i>Paediatric care</i>	Case Quiz: Paediatric Clients – Anthony Cini	15 mins
Chapter 19 <i>The older adult</i>	Case Quiz: The Older Adult – Hilary Jensen	15 mins
Chapter 20 <i>Palliative care</i>	Case Quiz: Palliative Care – Les Jenkins	15 mins
Chapter 21 <i>Cultural diversity</i>	Case Quiz: Cultural Diversity – Solomon James	15 mins
Chapter 22 <i>Aboriginal and Torres Strait Islander health</i>	Case Quiz: Aboriginal and Torres Strait Islander Health – Anna Stanley	15 mins
Chapter 23 <i>Rural and remote health</i>	Case Quiz: Rural and Remote Health – Bernard 'Berny' Dorrington	15 mins
Chapter 24 <i>Health care education</i>	Case Quiz: Client Education – Paul Jones	15 mins
Chapter 25 <i>Self-concept</i>	Case Quiz: Self-concept – Isaac Avery	15 mins
Chapter 26 <i>Stress, anxiety, adaptation and change</i>	Case Quiz: Stress, Anxiety, Adaptation and Change – Chloe Mitchell	15 mins
Chapter 27 <i>Spirituality</i>	Case Quiz: Spirituality – Barbara Johnson	15 mins
Chapter 28 <i>Loss and grief</i>	Case Quiz: Loss and Grief – Sanjay and Lauren	15 mins
Chapter 29 <i>Mental health</i>	Case Quiz: Mental Health – Joshua Picton	15 mins
Chapter 30 <i>Vital signs</i>	Case Quiz: Vital Signs – Justine Maloney Media Quiz 30-01: Recording of Vital Signs Media Quiz 30-02: Blood pressure	20 mins
Chapter 31 <i>Physical assessment</i>	Case Quiz: Physical Assessment – Riley Media Quiz 31-01: Physical Assessment: Area to be assessed 1 Media Quiz 31-02: Physical Assessment: Area to be assessed 2	20 mins
Chapter 32 <i>Safety, infection control and hygiene</i>	Case Quiz: Safety, Infection Control and Hygiene for The Older Adult – Betty Fox Media Quiz 32-01: Infection Control Principles Media Quiz 32-02: Implementation/Bathing	20 mins
Chapter 33 <i>Medication administration</i>	Case Quiz: Medication Administration – Braydon Avery Media Quiz 33-01: Professional Roles in Medication Administration Media Quiz 33-02: Implementation	20 mins
Chapter 34 <i>Traditional and complementary therapies</i>	Case Quiz: Complementary and Alternative Modalities – Jillian Webster	15 mins
Chapter 35 <i>Oxygenation</i>	Case Quiz: Oxygenation – Samuel Graves Media Quiz 35-01: Assessment Media Quiz 35-02: Implementation/Administer Oxygen	20 mins
Chapter 36 <i>Fluids and electrolytes</i>	Case Quiz: Fluids and Electrolytes – Adrian Jones Media Quiz 36-01: Implementation 1	20 mins

Topic/Chapter	Suggested digital activities for homework and/or assessment	Seat time
	Media Quiz 36-02: Implementation 2	
Chapter 37 <i>Nutrition</i>	Case Quiz: Nutrition – Peter Ogden Media Quiz 37-01: Assessing Nutrition Media Quiz 37-02: Promoting Proper Nutrition	20 mins
Chapter 38 <i>Pain management, comfort and sleep</i>	Case Quiz: Comfort and Sleep – Jamie Boyd Media Quiz 38-01: A Person-centred Pain Assessment Media Quiz 38-02: Non-pharmacological Interventions	20 mins
Chapter 39 <i>Mobility</i>	Case Quiz: Mobility – Gary Thornton Media Quiz 39-01: Overview of Mobility Media Quiz 39-02: Physiological Effects of Mobility and Immobility	20 mins
Chapter 40 <i>Skin integrity and wound healing</i>	Case Quiz: Paediatric Clients – Jordon Roberts Media Quiz 40-01: Implementation 1 Media Quiz 40-02: Implementation 2	20 mins
Chapter 41 <i>Sensation, perception and cognition</i>	Case Quiz: Sensation, Perception and Cognition – Peggy Taylor Media Quiz 41-01: Assessment 1 Media Quiz 41-02: Assessment 2	20 mins
Chapter 42 <i>Elimination</i>	Case Quiz: Elimination for The Older Adult – Elizabeth Borg Media Quiz 42-01: Implementation 1 Media Quiz 42-02: Implementation 2	20 mins
Chapter 43 <i>Perioperative nursing care</i>	Case Quiz: Nursing care of the perioperative client – James Roysel Media Quiz 43-01: Pre-operative Care Media Quiz 43-02: Post-operative Phase	20 mins